

Personal, Social, Health and Economic Education.

Intent

At Jump Primary through our teaching of PSHE we aim to encourage and support our pupils to develop the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain. We teach PSHE as a discrete subject and in a cross-curricular manner where appropriate.

In the Foundation stage (Nursery and Reception) children will:

Develop knowledge and skills in the following aspects of learning in personal, social and emotional development outlined in the Early Years Foundation Stage curriculum.

- Self-regulation
- Managing self
- Building relationships

In Key Stage 1 and 2 Children will:

Develop knowledge and skills in the following topic areas contained in the 1 Decision scheme of work.

- Keeping/staying safe
- Keeping/staying healthy
- Relationships and sex education
- Being responsible
- British values
- Feelings and emotions
- Computer safety
- The working world
- Fire safety
- Mindfulness
- First aid

Implementation

Foundation Stage

Pupils will be taught the EYFS curriculum development matters in PSED through the following methods:

- Group time input
- Adult-led small group or individual follow-up activities
- During free play adults will follow pupil's interests

Key Stage 1 and 2

The National Curriculum (2013) states: All schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice. Schools are also free to include other subjects or topics of their choice in planning and designing their own programme of education.

From September 2020 relationship and health education became compulsory.

Children are taught topics from the 1 decision scheme of work throughout the academic year as outlined below:

Autumn 1- Keeping and Staying Safe: Y 1-6

Hazard Watch: Y1-2 only

A World Without Judgement: Y4-6 only

Autumn 2-Keeping/Staying Healthy: Y1-6

Fire safety: Y1-3 only

Spring 1 - Our world: Y1-3 only

The Working World: Y4-6 only

Computer Safety: Y1-6

Spring 2- Feelings and Emotions: Y1-6

Summer 1- Being Responsible: Y1-6

First Aid-Y1-6

Summer 2- Relationships: Y1-3 only

Growing and Changing: Y4-6 only

Staff are given the freedom to adapt the planning and teaching of PSHE to the needs of their pupils as they know their pupils best and can tailor the teaching of PSHE to their needs.

In the Foundation Stage

Children will:

Self-regulation

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.

- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

Managing Self

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.
- Explain the reasons for rules, know right from wrong and try to behave accordingly.
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

Building Relationships

- Work and play cooperatively and take turns with others.
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and to others' needs

In Key stage 1 and 2

Year 1

- Road safety
- Washing hands
- Friendships
- Water spillage
- Jealousy
- Online bullying
- Our world
- Hazard watch

Year 2

- Tying shoelaces
- Healthy eating
- Brushing teeth
- Bullying
- Body language
- Practise makes perfect
- Helping someone in need
- Worry
- Anger
- Image sharing
- Our world
- Hazard watch

Year 3

Sarah Hartley
November 2021

- Staying safe
- Leaning out of windows
- Medicine
- Touch
- Stealing
- Grief
- Making friends online
- Computer safety
- Our world
- Hazard watch

Year 4

- Cycle safety
- Appropriate touch
- Healthy living
- Coming home on time
- Jealousy
- Online bullying
- Chores at home
- Breaking down barriers

Year 5

- Peer pressure
- Smoking
- Puberty
- Looking out for others
- Anger
- Image sharing
- Enterprise
- Inclusion and acceptance

Year 6

- Water safety
- Alcohol
- Conception
- Stealing
- Worry
- Making friends online
- In-app purchases
- British values

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November 2021

Basic first aid skills and how to telephone the emergency services is taught from Year 1 to Year 6.

Throughout the academic year there are whole school focuses on:

- "Hello Yellow" mental health awareness day
- Mental health awareness week
- Anti-bullying day
- NSPCC stay safe, speak out.

BLURT is taught throughout the academic year. This is an ongoing weekly curriculum coverage around relationships, health, social skills and understanding and managing feelings which underpin all our safeguarding priorities.

Impact

Foundation Stage

Pupils will have developed the skills and knowledge in their PSED to be able to continue their academic development and achieve their potential. They will continue to develop positive relationships with both peers and familiar adults. Pupils will be confident and resilient learners. They will be able to manage their feelings and behaviour in order to cope with all aspects of school life.

Key Stage 1 and 2

By the time our pupils leave Year 6 they will have developed lifelong skills in the areas outlined above which will help them to achieve their academic potential, live safe and healthy lives and be prepared for life and work in modern Britain.