



Jump Primary School



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PE Map

I am talented; together we are AWESOME!

Intent

At Jump Primary School, we recognise the importance of PE in our curriculum and in promoting long term, healthy lifestyles. The aim of our PE curriculum is to provide all children with high quality PE and sport provision through a carefully designed skills



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and knowledge progression. It is our vision for every pupil to develop basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle. In PE lessons children are encouraged to compete against themselves and others. Through our teaching of PE, we will provide opportunities for pupils to become **confident, respectful, resilient, resilient, responsible, articulate** and **self-aware**.

At Jump Primary we recognise the value of Physical Education (PE). We follow the aims of the National Curriculum for physical education to ensure that all children:

- Develop the competence to excel in a broad range of physical activities.
 - Are physically active for sustained periods of time.
 - Engage in competitive sports and activities.
 - Lead healthy and active lives.

At Jump Primary school our aim is for pupils to leave Year 6 being able to:

- ✓ Use running, jumping, throwing and catching in isolation and in combination
- ✓ Play competitive games and apply basic principles suitable for attacking and defending
- ✓ Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics)
- ✓ Perform dances using a range of movement patterns
- ✓ Take part in outdoor and adventurous activity challenges both individually and within a team
- ✓ Compare their performances with previous ones and demonstrate improvement to achieve their personal best.



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Implementation

At Jump Primary School, we have adopted Get Set 4 PE to teach PE across the school. This scheme allows us to design our own PE scheme of work and helps our teachers to deliver enjoyable, active and high-quality sessions. Each lesson contains clear, progressive learning objectives and differentiated activities.

In Nursery children begin to develop the foundations of movement through accessing the Physical Development strand of development matters. This is taught discretely within the continuous provision throughout the day and through PE lessons from Get Set4 PE. This continues into Reception. Reception also use Get Set 4 PE lessons plans. They also continue to develop these skills within their continuous provision.

In KS1 and KS2 children have 2 hours of quality PE sessions a week following the whole school PE curriculum map and the Get Set 4 PE plans. In PE sessions you will see:

- Routines including warm up, skill development and plenary
- Collaboration and opportunity for partner discussion
- Opportunities for children to work independently and together
- Opportunities for children to perform and feedback
- Subject specific vocabulary that builds on previous learning
- Progression in equipment used within year groups.

Over the course of the year each year group will have the opportunity to work with PE experts. In EYFS pupils will work with Kixx (football) and KS1 and KS2 pupils work with a PE specialist. This also helps our teachers to improve their knowledge, understanding and expertise in the teaching of PE.



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In Year 5 pupils receive weekly swimming lessons with the aim that by the end of Year 5 all children will be able to swim a minimum of 25 metres unassisted.

Through the use of the Get Set 4 PE pupils can be assessed at the end of each PE unit. This allows teachers and the subject leader to monitor the progress of each individual within the curriculum.

Inter-school events

Throughout the school year pupils will be given the opportunity to compete against pupils from other local school in a variety of sports and activities. This is due to Jump Primary School being a member of the Hoyland Sports Partnership.

Intra-school events

During PE lessons and in sporting events such as sports week, pupils will be given the opportunity to compete against other pupils in their year group.

Clubs

Children in KS1 and KS2 will have access to after school clubs every week.

Daily Mile

The Daily Mile is actively promoted and completed consistently by all children in KS1 and 2.

Active playtimes

Every day Reds in the Community run activities for pupils to take part in at lunchtime. Also, at each playtime sports leaders from Years 5 and 6 run activities for pupils from Reception to Year 6.



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Impact

Our PE curriculum is designed so that children are taught a variety of activities throughout their key stage and there is a progression through all of these. Each area of PE has a progression of skills which shows progression from EYFS to Year 6.

Children also deepen their understanding of PE each year, by being introduced to specific vocabulary for each area of PE.

Children have the opportunity to take part in extra-curricular activities and demonstrate their new skills in intra and inter sports competitions. All children also have the opportunity to take part in sports day in the summer term.

Children will become confident within the different areas of PE and show resilience when tackling new skills.

Foundation Stage

By the end of Foundation Stage pupils will:

- ✓ Negotiate space and obstacles safely, with consideration for themselves and others;
- ✓ Demonstrate strength, balance and coordination when playing;
- ✓ Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.



Key Stage 1

By the end of KS1 pupils will:

- ✓ develop fundamental movement skills
- ✓ be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.
- ✓ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- ✓ participate in team games, developing simple tactics for attacking and defending
- ✓ perform dances using simple movement patterns.

Key Stage 2

By the end of KS2 pupils will:

- ✓ use running, jumping, throwing and catching in isolation and in combination
- ✓ play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending
- ✓ develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- ✓ perform dances using a range of movement patterns
- ✓ take part in outdoor and adventurous activity challenges both individually and within a team
- ✓ compare their performances with previous ones and demonstrate improvement to achieve their personal best.



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- ✓ swim competently, confidently and proficiently over a distance of at least 25 metres
- ✓ use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- ✓ perform safe self-rescue in different water-based situations.



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Impact

Year group	Autumn		Spring		Summer	
	1	2	1	2	1	2
N	Introduction to PE: Unit 1	Outdoor provision daily Dance: Unit 1	Outdoor provision daily Gymnastics: Unit 1	Outdoor provision daily Games 1	Outdoor provision daily Kixx football	Outdoor provision daily Kixx football
	Outdoor provision daily Introduction to PE: Unit 1	Outdoor provision daily Dance: Unit 1	Outdoor provision daily Gymnastics: Unit 1	Outdoor provision daily Games 1	Outdoor provision daily Kixx football	Outdoor provision daily Kixx football
1	Gymnastics	Fitness	Ball skills	Sending and Receiving	Invasion Games	Target games
	Fundamentals	Dance	Yoga	Fitness	Athletics	Team Building
2	Gymnastics	Fitness	Ball skills	Sending and Receiving	Invasion Games	Target games
	Fundamentals	Dance	Yoga	Fitness	Athletics	Team Building
3	Hockey	Gymnastics	Dance	Cricket	Tennis	Rounders
	Netball	Dodgeball	Handball	Rugby	Athletics	OAA
4	Hockey	Gymnastics	Dance	Cricket	Tennis	Rounders
	Netball	Dodgeball	Handball	Rugby	Athletics	OAA
5	Netball	Gymnastics	Dance	Cricket	Tennis	Rounders
	Swimming	Swimming	Swimming/ Handball	Rugby	Athletics	OAA
6	Hockey	Gymnastics	Dance	Cricket	Tennis	Rounders
	Netball	Dodgeball	Handball	Rugby	Athletics	OAA



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