



Jump Primary School



Personal, Social, Health and Economic Education Map

I am talented; together we are AWESOME!



Intent

At Jump Primary through our teaching of PSHE we aim to encourage and support our pupils to develop the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain. We teach PSHE as a discrete subject and in a cross-curricular manner where appropriate.

In the Foundation stage (Nursery and Reception) children will:

Develop knowledge and skills in the following aspects of learning in personal, social and emotional development outlined in the Early Years Foundation Stage curriculum.

- Self-regulation
- Managing self
- Building relationships

In Key Stage 1 and 2 Children will:

Develop knowledge and skills in the following topic areas contained in the 1 Decision scheme of work.

- Keeping/staying safe
- Keeping/staying healthy
- Relationships and sex education
- Being responsible
- British values
- Feelings and emotions
- Computer safety
- The working world
- Fire safety
- Mindfulness
- First aid



Implementation

Foundation Stage

Pupils will be taught the EYFS curriculum development matters in PSED through the following methods:

- Group time input
- Adult-led small group or individual follow-up activities
- During free play adults will follow pupil's interests

Key Stage 1 and 2

The National Curriculum (2013) states: All schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice. Schools are also free to include other subjects or topics of their choice in planning and designing their own programme of education.

From September 2020 relationship and health education became compulsory.

Children are taught topics from the 1 decision scheme of work throughout the academic year as outlined below:

Autumn 1- Keeping and Staying Safe: Y 1-6

Hazard Watch: Y1-2 only

A World Without Judgement: Y4-6 only

Autumn 2- Keeping/Staying Healthy: Y1-6



Fire safety: Y1-3 only

Spring 1- Our world: Y1-3 only

The Working World: Y4-6 only

Computer Safety: Y1-6

Spring 2- Feelings and Emotions: Y1-6

Summer 1- Being Responsible: Y1-6

First Aid-Y1-6

Summer 2- Relationships: Y1-3 only

Growing and Changing: Y4-6 only

Staff are given the freedom to adapt the planning and teaching of PSHE to the needs of their pupils as they know their pupils best and can tailor the teaching of PSHE to their needs.

In the Foundation Stage

Children will:

Self-regulation

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

Managing Self

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.



- Explain the reasons for rules, know right from wrong and try to behave accordingly.
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

Building Relationships

- Work and play cooperatively and take turns with others.
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and to others' needs

In Key stage 1 and 2

Year 1

- Road safety
- Washing hands
- Friendships
- Water spillage
- Jealousy
- Online bullying
- Our world
- Hazard watch

Year 2

- Tying shoelaces
- Healthy eating
- Brushing teeth
- Bullying
- Body language
- Practise makes perfect
- Helping someone in need
- Worry



- Anger
- Image sharing
- Our World
- Hazard watch

Year 3

- Staying safe
- Leaning out of windows
- Medicine
- Touch
- Stealing
- Grief
- Making friends online
- Computer safety
- Our world
- Hazard watch

Year 4

- Cycle safety
- Appropriate touch
- Healthy living
- Coming home on time
- Jealousy
- Online bullying
- Chores at home
- Breaking down barriers

Year 5



- Peer pressure
- Smoking
- Puberty
- Looking out for others
- Anger
- Image sharing
- Enterprise
- Inclusion and acceptance

Year 6

- Water safety
- Alcohol
- Conception
- Stealing
- Worry
- Making friends online
- In-app purchases
- British values

Basic first aid skills and how to telephone the emergency services is taught from Year 1 to Year 6.

Throughout the academic year there are whole school focuses on:

- “Hello Yellow” mental health awareness day
- Mental health awareness week
- Anti-bullying day
- NSPCC stay safe, speak out.

BLURT is taught throughout the academic year. These lessons support the children to think about their mental health.



Impact

Foundation Stage

Pupils will have developed the skills and knowledge in their PSED to be able to continue their academic development and achieve their potential. They will continue to develop positive relationships with both peers and familiar adults. Pupils will be confident and resilient learners. They will be able to manage their feelings and behaviour in order to cope with all aspects of school life.

Key Stage 1 and 2

By the time our pupils leave Year 6 they will have developed lifelong skills in the areas outlined above which will help them to achieve their academic potential, live safe and healthy lives and be prepared for life and work in modern Britain.



	Autumn		Spring		Summer	
	1	2	1	2	1	2
Whole school	Hello Yellow mental health awareness	Anti-bullying day/NSPCC stay safe speak out/Pantasaurus	E-safety day			Sun safety day
N	Dentist-teeth brushing/oral health Learning to select and use resources Developing sense of Jump Nursery community Self-care needs development Hello Yellow-mental health awareness	Developing skills-sharing, turn-taking Beginning to understand and follow rules Self-care needs development Developing confidence in new social situations Anti-bullying day	Importance of exercise-linked to Freddie Fit Developing skills-sharing, turn-taking Beginning to understand and follow rules Self-care needs development Developing confidence in new social situations Developing sense of Jump Nursery community (January Starters) E-Safety day	Beginning to solve conflicts with peers Feelings- their own and understand others' Developing skills-sharing, turn-taking Beginning to understand and follow rules Self-care needs development Developing confidence in new social situations	Healthy food/drinks Developing skills-sharing, turn-taking Beginning to understand and follow rules Self-care needs development Developing confidence in new social situations Developing sense of Jump Nursery community (April Starters)	Developing skills-sharing, turn-taking Beginning to understand and follow rules Self-care needs development Developing confidence in new social situations Sun safety
R	Colour monster / worry buddies – feelings New Beginnings Looking after myself - Doctors Dentists Road safety Me and my family relationships Hello Yellow	Getting on and falling out Anti – bullying day Respect and kindness/celebrating our cultures Food celebrations- link to healthy eating	Going for goals The Lion Inside Looking after our planet Hello Yellow Day Mental health / wealth what makes us happy	Revisit feelings from term 1 , Explore through characters actions in stories to link to topic	Good to be me Incorporate personal hygiene, teeth revisit, sleep, mindfulness, screen time / /ICT safety Healthy eating	Sun safety day Changes end of year, how have I grown and changed ? What's made us proud ? Goodies (kind) and baddies unkind) and stealing Sharing a shell- story
1	Keeping and Staying Safe Baseline and Road safety Hazard Watch Baseline assessment Is it safe to eat?	Keeping/Staying Healthy Assessment - Baseline Washing Hands Fire safety Assessment - baseline Hoax calling	Computer Safety Assessment - Baseline Online Bullying Our World Assessment - Baseline Growing in Our World	Feelings and Emotions Assessment- baseline Jealousy	Being Responsible Assessment-baseline Water spillage First aid	Relationships Assessment-baseline Friendship
2	Keeping and Staying Safe Tying Shoelaces Hazard Watch	Keeping/Staying Healthy Healthy Eating Brushing Teeth Fire safety Petty Arson	Computer Safety Image Sharing Computer Safety Documentary Our World	Feelings and Emotions Worry anger	Being Responsible Practice makes perfect Helping someone in need First aid	Relationships Bullying Body language



	Is it safe to play with? Summative assessment		Living in Our World Working in Our World			
3	Keeping and Staying Safe Staying safe and leaning out of windows Summative assessment	Keeping/Staying Healthy Medicine Assessment - Summative Fire safety Texting whilst driving Assessment - summative	Computer Safety Making Friends Online Assessment - Summative Our world Looking After Our World Assessment - Summative	Feelings and Emotions Grief Assessment-summative	Being Responsible Stealing-assessment summative First aid	Relationships Touch Summative-assessment
4	Keeping and Staying Safe Baseline assessment Cycle safety A world without Judgement Baseline assessment Breaking down barriers	Keeping/Staying Healthy Assessment - Baseline Healthy Living	Computer Safety Assessment - Baseline Online Bullying The Working World Assessment – baseline Chores at home	Feelings and Emotions Assessment - Baseline Jealousy	Being Responsible Assessment-baseline Coming home on time First aid	Growing and changing Assessment - Baseline Appropriate Touch (Relationships)
5	Keeping and Staying Safe Peer pressure Adult and children's views A world without Judgement Inclusion and acceptance Adult and children's views	Keeping/Staying Healthy Smoking Adults' & Children's Views	Computer Safety Image Sharing Adults' & Children's Views The Working World Enterprise Adults' & Children's Views	Feelings and Emotions Anger Adult's and Children's views	Being Responsible Looking out for others Adult's and children's views First aid	Growing and changing Puberty Adult and children's views
6	Keeping and Staying Safe Water safety Summative assessment A world without Judgement British values Summative assessment	Keeping/Staying Healthy Alcohol Assessment - Summative Crucial Crew- external agency	Computer Safety Making Friends Online Assessment - Summative The Working World In-app purchases Assessment summative	Feelings and Emotions Worry Assessment-summative	Being Responsible Stealing Assessment summative First aid	Growing and changing Conception Assessment-summative Yasmin and Tom SRE

NB. Smart School Council- class meetings 2x per half term.

First aid is taught by school staff and adapted from 1 Decision



BLURT mental health awareness running throughout the year. This is an ongoing weekly curriculum coverage around relationships, health, social skills and understanding and managing feelings which underpin all our safeguarding priorities.